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LRB098 06246 MST 43062 a

1 AMENDMENT TO HOUSE JOINT RESOLUTION 5

2 AMENDMENT NO. _____. Amend House Joint Resolution 5, by
3 replacing everything after the title with the following:

4 "WHEREAS, Childhood obesity has more than tripled in the
5 past 30 years; and

6 WHEREAS, The percentage of children aged 6-11 in the United
7 States who were obese increased from 7% in 1980, to 20% in
8 2008, and the percentage of adolescents aged 12-19 years who
9 were obese increased from 5% to 18% over the same period; and

10 WHEREAS, In 2008, over 1/3 of children and adolescents were
11 overweight or obese; and

12 WHEREAS, After the family, school is the primary
13 institution responsible for the development of young people in
14 the United States; and

1 WHEREAS, Schools have direct contact with more than 95% of
2 our nations young people aged 5-17 years, for about 6 hours a
3 day, and for up to 13 critical years of their social,
4 psychological, physical, and intellectual development; and

5 WHEREAS, The health of young people is strongly linked to
6 their academic success, helping students stay healthy is a
7 fundamental mission of schools; and

8 WHEREAS, The fifth grade students at Columbus Elementary
9 School in Edwardsville are building awareness and importance of
10 physical fitness; and

11 WHEREAS, The State of Illinois currently has a blue ribbon
12 panel that is reviewing ways to enhance physical fitness
13 programs in our Illinois schools; therefore, be it

14 RESOLVED, BY THE HOUSE OF REPRESENTATIVES OF THE
15 NINETY-EIGHTH GENERAL ASSEMBLY OF THE STATE OF ILLINOIS, THE
16 SENATE CONCURRING HEREIN, that we further encourage educators
17 and school administrators to suggest some topics, but not
18 limited to the following for discussion during fitness
19 awareness week: nutrition and dietary behavior, physical
20 activity protocols, tobacco-use prevention, alcohol or drug
21 use prevention, review of cardio protocols, review of eating

1 disorders, and a review of physical activity facts, and be it
2 further

3 RESOLVED, That we urge educators and school administrators
4 to promote that one week of each school year be used to
5 emphasize the importance of physical fitness in schools in the
6 State of Illinois; and be it further

7 RESOLVED, That a suitable copy of this resolution be
8 presented to Columbus Elementary School in Edwardsville."